



City of Westminster



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Westminster Health & Wellbeing Board

RBKC Health & Wellbeing Board

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Title:	Dementia Plan
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1. Executive Summary

- 1.1. This report sets out the draft Dementia Plan (2020-2025) for Kensington and Chelsea and Westminster. The plan, co-designed and co-authored by service users and our communities, sets out an ambitious and practical realisation of Kensington and Chelsea and Westminster as Dementia-Friendly Communities for now and for the future. The plan is also intended to be a practical guide for all those who live with the condition, and for their families, friends and carers.
- 1.2. The plan takes a whole-systems approach to supporting people living with dementia and has been developed in partnership between the Royal Borough of Kensington & Chelsea, Westminster City Council, CLCCG and WLCCG.
- 1.3. Around 170 residents living with dementia and unpaid carers have been involved in developing the Plan, including via the Dementia Partnership Group and the Local Account Group. This engagement was supported by community, voluntary, and service user groups. Engagement took place in a variety of ways, from larger groups to smaller focus groups and one-to-one interviews, to ensure that the plan has been genuinely co-produced.
- 1.4. The plan is currently being shared with governance bodies across both boroughs in draft for input before being finally signed off in Spring 2020. Both RBKC's Leadership Team and WCC's Cabinet have been engaged in this process. The joint Kensington & Chelsea and Westminster Health and Wellbeing Board, as the

formal body endorsing the plan across both areas, is being presented with the draft plan for input before the final version is presented for approval in Spring 2020.

2. Key Matters for the Board

- 2.1 The Kensington & Chelsea and Westminster Health and Wellbeing Boards are asked to review, discuss and share feedback on this document, so that any final changes can be made to it before it is next presented to the Boards for final agreement and sign-off in Spring 2020.

3. Background information about dementia (including updated statistics released November 2019)

- 3.1 The word 'dementia' describes a set of symptoms that may include memory loss and difficulties with thinking, problem-solving or language. A person with dementia may also experience changes in their mood or behaviour.
- 3.2 Dementia is caused when the brain is damaged by diseases, such as Alzheimer's disease or a series of strokes. Alzheimer's disease is the most common cause of dementia. Other common types of dementia are vascular dementia, mixed dementia, dementia with Lewy bodies and fronto-temporal dementia.
- 3.3 Dementia is a progressive condition. As such, these changes are often small to start with, but they can become severe enough to affect daily life for someone with dementia. This progression will vary from person to person and each will experience dementia in a different way – people may often have some of the same general symptoms, but the degree to which these affect each person will vary.
- 3.4 In November 2019, The Alzheimer's Society released a new report in conjunction with the LSE. This report found that in 2019 the total cost of dementia in the UK was estimated to be £34.7 billion. Of this, approximately £4.9 billion consists of health care, and approximately £15.7 billion consists of social care. The remaining £19.9 billion accounts for estimated unpaid care contributions.
- 3.5 Statistics from this report are quoted directly below, as the most up-to-date available. These statistics demonstrate a growing issue with cost implications and in the context of a predicted significant change in demographics. The need to take action now and consider the different needs arising is clear.
- 3.6 Further information about the national, regional and local context of dementia can be found in the January 2019 HWBB Dementia Report attached.

Estimated population prevalence and estimated costs of care

In November 2019, The Alzheimer's Society published work by the London School of Economics that provided Local Authority level estimates of dementia prevalence by severity and the estimated cost of dementia care by sector. This information is presented below.

Table 1: Estimated Prevalence of Dementia in the population aged 65+ - Kensington and Chelsea (2019-2030)

Borough	Severity	2019	2020	2025	2030	Change 2019-2030
RBKC	Mild	236	242	279	328	39.2%
	Moderate	458	451	503	573	25.1%
	Severe	877	942	1,233	1,537	75.3%
	All	1,570	1,630	2,020	2,440	55.2%

Table 2: Estimated cost of Dementia (All severities) - Kensington and Chelsea (2019-2030)

Borough	Severity	2019	2020	2025	2030	Change 2019-2030
RBKC	Healthcare	£8.6M	£8.9M	£11.7M	£15.5M	80.8%
	Social Care	£35.3M	£38.4M	£52.3M	£70.9M	100.9%
	Unpaid Care	£24.9M	£26.3M	£34.6M	£45.6M	83.2%
	Other	£0.3M	£0.4M	£0.6M	£0.8M	146.2%
	Total	£69M	£74M	£99M	£133M	92.3%

Table 3: Estimated Prevalence of Dementia in the population aged 65+ - Westminster (2019-2030)

Borough	Severity	2019	2020	2025	2030	Change 2019-2030
WCC	Mild	310	317	356	413	33.3%
	Moderate	595	582	648	749	25.9%
	Severe	1,158	1,233	1,599	1,975	70.6%
	All	2,060	2,130	2,600	3,140	52.1%

Table 4: Estimated cost of Dementia (All severities) – Westminster (2019-2030)

Borough	Severity	2019	2020	2025	2030	Change 2019-2030
WCC	Healthcare	£11.3M	£11.7M	£15.2M	£19.9M	76.1%
	Social Care	£46.7M	£50.3M	£67.6M	£90.4M	93.6%
	Unpaid Care	£32.6M	£34.3M	£44.9M	£59.2M	81.5%
	Other	£0.4M	£0.6M	£0.8M	£1.0M	141.2%
	Total	£91M	£97M	£128M	£170M	87.3%

GP data

Locally, the number of residents recorded with a diagnosis of dementia in the population aged 65+ is available from GP registers. The latest data, published on the Public Health England Fingertips pages provides the following information:

- Kensington and Chelsea: In 2019, 1,017 residents registered with a diagnosis of dementia. This register is estimated to represent 67.7% of the total population of those living with dementia (diagnosed and undiagnosed)

- Westminster: 1,275 residents registered with a diagnosis of dementia. This register is estimated to represent 77.2% of the total population of those living with dementia (diagnosed and undiagnosed)

Based on London-wide estimates, Table 5 shows the estimated percentage of the population aged 65+ that will be of Black And Minority Ethnic (BAME) by year. Table 6 shows the adjusted rates for the years considered. Table 7 the results of applying these estimates to the LSE estimated prevalence of dementia (Tables 1 and 3 above).

Table 5 Estimated change in the percentage of the population (London) that is of BAME origin (2019-2051)

%BAME	2016	2026	2051
Population aged 65+	5.1%	8.1%	20.5%

Table 6 Estimated change in the percentage of the population (London) that is of BAME origin (2019-2030)

%BAME	2019	2020	2025	2030
Population aged 65+	5.86%	6.14%	7.73%	9.40%

Table 6 Estimated Prevalence of dementia BAME and Non-BAME (2019-2030)

Borough	Ethnicity	2019	2020	2025	2030
RBKC	BAME	92	100	156	229
	Non-BAME	1,478	1,530	1,864	2,211
	All	1,570	1,630	2,020	2,440
WCC	BAME	121	131	201	295
	Non-BAME	1,939	1,999	2,399	2,845
	All	2,060	2,130	2,600	3,140

If you have any queries about this Report or wish to inspect any of the Background Papers please contact:

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APPENDICES:

Appendices being attached are:

- 1) The draft Dementia Plan
- 2) The draft Pull-out section of the plan, with local contacts and details. This section can be updated regularly
- 3) The HWBB Dementia report from January 2019, with comprehensive background information, statistics and references to the commitments in WCC's City for All plan.

BACKGROUND PAPERS:

As above